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A serious problem with hypertension is its general lack of symptoms. This often leads to neglecting to seek or follow through on treatment, whether with medication or lifestyle change, since many hypertensives do not "feel bad." In addition, the "silent" nature of this disease also suggests that many other hypertensives, remain undiagnosed.

Bibliography of Summary of Military in Wasatch Co

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Table 7

Number of Wasatch County Adults at Risk by Specific Risk Factors, 1986

1.	Lack of Safety Belt Use (82%)*	4,900
2.	Lack of Regular Exercise (68%)	4,100
	Smoking (15%)	900
	Have Hypertension (13%)	800
	Obesity (12%)	700
	Drink and Drive (5%)	300
	Smokeless Tobacco (4%)	200
8.	Chronic Alcohol Consumption (2%)	100

Risk prevalence data are very useful for strategic health planning. By combining behavioral risk factor prevalence rates with the known relative mortality risks associated with specific behaviors, we can compare the relative impact of negative health behaviors. The Centers for Disease Control have developed a statistical program that estimates the effect of health behavior on mortality. Table 8 summarizes the deaths attributable to the various risk factors based on prevalence in Wasatch County.

Table 8

Number of Wasatch County Deaths Attributable to Specific Risk Factors, 1981–1985

Risk Factor	Attributable Deaths	
	No.	% of Total
Smoking	18	6%
Drinking	8	3%
Hypertension	29	9%
Inactivity	15	5%
Overweight	4	1%
Safety Belt Nonuse*	_5	5%
Total	79	25%

^{*}Safety Belt Use data are not Wasatch County specific. They are taken from the 1986 Utah Behavioral Risk Factor Survey and represent rural Utah responses. Those at risk self-reported, by telephone, less than always using safety belts.

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- b. <u>Knowledge</u> the conscious action of an individual to do something which is contrary to the law.
- willful Intent voluntarily, purposefully, or deliberately.

8. Intermediary

Intermediary is defined as a fiscal agency such as private insurance companies or the Federal government.

9. Medicaid

Medicaid is defined as the medical assistance provided by the State under Title XIX of the Social Security Act for the financially needy (pay or of last resort).

10. Medical Indigent

Medical indigent is defined as limited medical assistance provided by the state for low income residents who are deemed ineligible for any other type of medical assistance such as Medicaid. All medical services must be prior authorized by form "706 MI".

ll. Medicare

Medicare is defined as the health insurance program for the aged and disabled under Title XVIII of the Social Security Act. Medicare is a program for the aged and disabled and is a third party payor <u>before</u> Medicaid.

12. Provider

Provider is defined as any individual or entity furnishing Medicaid services under a Provider agreement with the Division of Health Care Financing.

13. Qualified

Qualified is defined as a Provider who is licensed, certified, or accredited by a licensing body, the state government, or a professional association to carry out specific activities.

14. Recipient

Recipient is defined as a recipient who receives Medicaid eligible services from a Medicaid Provider.

15. Remittance Statement

Remittance statement is defined as the computer print-out that provides an explanation of claims for which payment is being made or denied.